



INDIAN MARITIME UNIVERSITY
MUMBAI PORT CAMPUS
MERI Mumbai & LBS CAMSAR



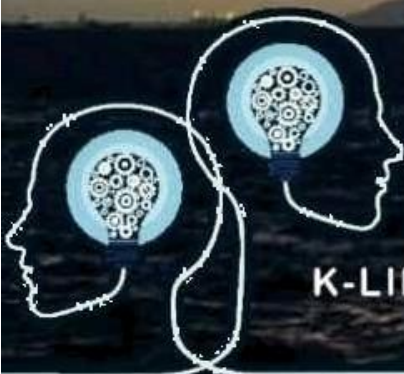
presents

EP S O D E 6

OF

#Back to College

WITH



Capt. Santosh Rele

Deputy General Manager
 K-LINE SHIP MANAGEMENT (INDIA) PVT. LTD.
 Alumni LBS CAMSAR

GUIDANCE TO MENTAL WELL-BEING

AT SEA"

18 FEB 20 22

FRIDAY

1500 HRS



MERI MUMBAI extends its heartfelt thanks to **Captain Santhosh Rele**, Deputy General Manager **K-LINE SHIP MANAGEMENT (INDIA) PVT. LTD** and an alumnus of LBS CAMSAR for featuring in the virtual **#Back_To_College** episode 6 conducted on 18th February 2020. The objective of the session was "**Guidance to Mental Well-Being at Sea**". The session really took the cadets to a very conclusive lesson about the mental well-being of an individual onboard. Later B.Tech final year cadets, **Cdt. Anuj Singh and Cdt.Utkarsh Jaiswal** visited Capt. Rele's residence and presented him with a memento as a gesture for his gracious presence and sparing his valuable time with the cadets.

